**Our IBDD “Dry practice” PROP Table Set Up. Modify As YOU Wish.**

**Table:**

* Spread the IBDD Image Cards out FACE DOWN in the middle of the table
* Place 1 basket on the table for “used” Image cards
* 3-4 POM OC/Pepper Spray Inert Training Units (throw away empty units)
* SIRT Training Pistol
* Flashlight
* Prop phone
* OPTIONS cheat sheet
* “Simple Steps to Apply a Tourniquet”
* OPTIONAL: Timer on table or in your hand

**Target:**

* Line up target with center of table at 4 yards
* “Human” shaped is best
* Staple or tape “The Dude’s” face (laminated if possible) on the top of the target
* Target will get wet from practicing with POM OC/Pepper Spray Inert Training Units

**Run IBD Drills:**

* You and 1 student will be at the PROP table. This person is your priority and will get all your attention during their scenario. .
* All other students will be seated behind the PROP Table and ready to use their IBDDI OPTION Cards
* Coach picks out an Image Card at random and looks at it for 4 main reasons.

#1. Decide if the Image Card is a good fit for this student due to experience level.

#2. Decide if you will “modify” the scenario based on your student’s skill level.

#3. Try to anticipate the student’s decisions and actions.

#4. In case they need guidance, start thinking about HOW to best guide them to a better decision AFTER their scenario.

* Coach then shows the Image Card to all the students BEHIND the PROP table. When the timer starts THEY will use the IBDDI OPTION Cards to work the scenario with you. They will hold up all of their chosen cards so YOU can see them. Only ADDRESS a student’s choices AFTER you have completed talking to the student at the PROP table.
* Coach places Image Card FACE DOWN back on the table and asks the student if they are ready. YES?
* They (or you) flip Image Card - 5 (or 10) second timer starts - After the BEEP, YOU turn the card back over FACE DOWN.
* Look at the cards held up behind you. GOOD?
* Remember, your priority is the student at the table. ONLY ASK THEM QUESTIONS! What did they see? Why did they do what they did? Simplify decisions and clarify, discuss Altered Perceptions, help them understand ONE god FIRST decision, etc. After discussion, drill with the same Image Card again, but this time with the desired outcome!! Celebrate their success!!!
* Place Image Card in basket and move to the next student. REPEAT! The more they work the Image cards the better they will become.